

Age (Day of Race)

VETERAN'S MEMORIAL 5K ROAD RACE &WALK

MASSACHUSETTS VETERANS INC. HOMELESS SHELTER • SUPPORTIVE HOUSING • EMPLOYMENT & TRAINING • FOOD BANK Who: Massachusett's Veterans Inc. is sponsoring a 5K road race and walk to commemorate the men and women who have served our country. All proceeds will go towards supporting programs for homeless veterans in Worcester. When: Sunday, November 6, 2005 9:30am-10:30am Same day registration Salute to Veterans 10:45am 11:00am Start 5K race & walk Where: Sherwood Middle School, Shrewsbury, MA 30 Sherwood Avenue **Entry Fee:** Early Registration \$12 Race Day Registration \$15 Veteran's \$10 Additional donation to MVI included: *All proceeds go to support homeless veteran's programs in Worcester. No refunds will be issued. T-Shirts/ The <u>first 100</u> entrants will receive a long-sleeve T-shirt. **Prizes** Prizes awarded in male & female divisions to runners of 5K: 14 and under, 15-22, 23-29, 30-39, 40-49, 50-59, 60+ *First veteran overall, oldest veteran finisher, youngest veteran finisher Mail Veteran's Memorial 5K Road Race, c/o 25 Raymond Ave., Shrewsbury, MA 01545 Applications: Checks payable to: Massachusetts Veterans Inc. Kids Race/ Immediately preceding the 5K will be a short kids race. Entry fee is a can or box of food for the **Activities:** Mass Veterans Food Bank. There will also be face painting and flags. For more info: Visit coolrunning.com or call 508-845-2398 Release of liability: I agree to release and forever indemnify MVI, Inc. the Town of Shrewsbury, the University of Massachusetts, and all race directors of any liability for any injury sustained during this event. I agree to assume all responsibility to all risk of damage or injury to me as a participant in this event. In consideration of being accepted as an entrant in this race, I hereby, for myself, my heirs, executors and administrators, release and discharge any and all individuals and organizations associated with the race from all claims, damages, rights of action, present or future whether the same be known, anticipated or unanticipated, resulted from or arising out of, or incident to, my participation in this event. I certify that I will not participate in the Veteran's Memorial 5K Road Race unless I am physically fit and sufficiently trained for competition in this race. I also grant permission to use my name and/or picture in any broadcast,, photographs or other accounts of the race. I understand that bicycles, skateboards, rollerblades, animals, and baby joggers are not allowed in this race and will abide by this prohibition. **Signature** (parent if under 18) Gender: M F Last Name

T-Shirt Size:

XL

Veteran:

Yes

No